HOLD ON Wilson Phillips

|F . C . |Bb . Bb C| *[twice]*

F C Bb Bb C Dm C Bb Bb C

I know this pain, why do lock yourself up in these chains?

F C Bb Bb C

No one can change your life except for you

F C Bb Bb C

Don't ever let anyone step all over you

F C Bb Bb C Dm C Bb C

Just open your heart and your mind, is it really fair to feel this way inside?

**F Bb C F**

**Some day somebody's gonna make you want to turn around and say goodbye**

**F Bb C F**

**Until then baby are you going to let them hold you down and make you cry**

**F Bb C F**

**Don't you know? Don't you know things can change, things'll go your way**

**Dm C Bb C Dm C Bb Bb C C|**

**If you hold on for one more day, can you hold on for one more day Things'll go your way**

**Hold on for one more day**

[Intro]

You could sustain, or are you comfortable with the pain?

You've got no one to blame for your unhappiness

You got yourself into your own mess

Lettin' your worries pass you by,

don't you think it's worth your time, to change your mind?

**Chorus**

*[intro riff throughout this part]* |F . C . |Bb . Bb C|

I know that there is pain, but you hold on for one more day and

Break free from the chains

Yeah i know that there is pain,

but you hold on for one more day and you

Break free, break from the chains

**Chorus**