HE LIFTS ME (WITH HIS STRONG ARMS) [instrumental intro]

When I'm feelin' down and blue Lord help me call out to you Life's load is hard to abide

I'm glad I've got you by my side.

The Lord, he lifts me with his strong arms, Oh yes he does

The Lord, he lifts me with his strong arms, Oh yes he does

Despair and grief can cloud my view

Help me see the signs of you

Light the way through life's dark time

Help me heal this heart of mine.

The Lord, he lifts me with his strong arms, Oh yes he does

The Lord, he lifts me with his strong arms, Oh yes he does

[instrumental break]

Though my friends have turned away

Bringing darkness to the day You're the light within my eyes I'm glad I've got you by my side.

How to live day by day

Help me Lord, show me the way

In your house I long to reside

I'm glad I've got you by my side.

The Lord, he lifts me with his strong arms, Oh yes he does The Lord, he lifts me with his strong arms, Oh yes he does The Lord, he lifts me with his strong arms, Oh yes he does The Lord, he lifts me with his strong arms, Oh yes he does

[instrumental break]

The Lord, he lifts me with his strong arms, Oh yes he does The Lord, he lifts me with his strong arms, Oh yes he does The Lord, he lifts me with his strong arms, Oh yes he does The Lord, he lifts me with his strong arms, Oh yes he does